

.....**Native Hawaiian Health Care Systems**

..... **Ho‘ōla Lāhui Hawai‘i**
(Islands of Kaua‘i and Ni‘ihau)

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www.nativehawaiianhealth.net

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Fax: (808) 246-9551

KCHC – West
4643-B Waimea Canyon Drive
Waimea, HI 96796
Fax: (808) 338-1606

KCHC – East
4800-D Kawaihau Road
Kapa‘a, HI 96746
Fax: (808) 822-9298

Chief Executive Officer:
Chief Operations Officer:
Chief Financial Officer:
Medical Director:
Dental Director:
Behavioral Health Services Director:
Healthy Hawaiian Lifestyles Director:

David Peters (dpkauai@hoolalahui.org)
Lori Miller (ljmiller@hoolalahui.org)
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Ho‘ōla Lāhui Hawai‘i’s (HLH) mission is to promote health and wellness through innovative and culturally appropriate services for Native Hawaiians, their families and others in need.

The organization serves the island of Kaua‘i and individuals from Ni‘ihau. Established as one of five federally funded Native Hawaiian Health Care Systems, Ho‘ōla Lāhui Hawai‘i provides care to Hawaiians and their families with a primary focus on health promotion and prevention.

As of September 2001, Ho‘ōla Lāhui Hawai‘i is also a section 330 Community Health Center. HLH has a site in Līhu‘e that houses its administrative offices and many of the Native Hawaiian Health System staff. The Kaua‘i Community Health Center (KCHC) is a program of Ho‘ōla Lāhui Hawai‘i and serves all people in the community regardless of income or ethnicity. The Community Health Center has two locations—one in Waimea and one in Kapa‘a.

Special Populations/Health Issues—Native Hawaiians. As Kaua‘i has a small island population, the number of services available is limited for obvious economic reasons. Additionally, many Hawaiians do not feel comfortable receiving care from western medical practitioners.

Patient profile for 2005—Ethnic groups served (top 4): Native Hawaiian (33%), Caucasian (25%), Pacific Islanders (19%), Asian (9%).

- Unduplicated Patients..... 5,106
- Patient Visits..... 25,799
- 19 years of age and under..... 22%
- 65 years of age or older..... 18%
- Female 55%
- Uninsured 29%
- Medicaid..... 19%
- Medicare..... 15%
- Patients best served in a language other than English..... 24%
- Patients with an income less than 200% of Federal Poverty Level (FPL) 82%
- Homeless Patients..... 2%

Services—HLH provides programs in health promotion, disease prevention, health education, nutrition, exercise and chronic disease management. Hawaiian services are also provided in community settings and in homes of the families the agency serves. HLH has an asthma and tobacco cessation program located in Lihū'e that provides services island-wide. Both sites of KCHC offer primary medical care, dental care, behavioral health counseling, substance abuse counseling, eligibility assistance, case management, and outreach services.

Organization Information—In 2005, the organization had an annual operating budget of \$4.6 million with a staff of 70 FTE. Professional staff include: physicians, dentists, registered nurses, community health workers, health educators, dental assistants, certified fitness instructors, outreach workers, social workers, substance abuse counselors, and administrative staff. Over 29% of all users of the agency have no insurance and 82% live below 200% of the federal poverty level.

Federal funds granted or contracted to Ho'ōla Lāhui Hawai'i are:

- 330 Grant
- Native Hawaiian Health Care Improvement Act
- Breast and Cervical Cancer Control Project
- Hawai'i Federal Health Care Partnership

Federal Designations

- MUP
- Primary Care HPSA
- Dental HPSA
- Mental Health HPSA (Koloa-Waimea)

..... **Hui Mālama Ola Nā ‘Ōiwi (Island of Hawai‘i)**.....

69 A-3 Railroad Avenue
Hilo, HI 96720

Phone: (808) 969-9220
Fax: (808) 961-4794
Websites: www.huimalamaolanaoiwi.org
www.nativehawaiianhealth.net

Other Sites: Pāhoa, Hāmākua, Kohala, Waimea, Captain Cook, and Pāhala

Executive Director:

Kaloa Robinson (kaloa@huimalamahawaii.com)

Medical Director:

Lorraine Sonoda-Fogel, MD

Hui Mālama Ola Nā ‘Ōiwi is the Native Hawaiian Health Care System for the island of Hawai‘i. Hui Mālama’s main office is in a facility in Hilo shared with Bay Clinic. It has outreach offices in Pāhoa, Hāmākua, Kohala, Waimea, Captain Cook, and Pāhala. The Hui’s mission is to restore a health system founded on lōkahi—the traditional belief that health and well-being are balanced and interdependent; man with the spirit world and nature.

Target Population—The estimated 43,500 Native Hawaiians residing on the island of Hawai‘i, mostly in coastal towns and villages.

Services Provided—Hui Mālama focuses on providing preventive health services. Staff provides health education and outreach and transportation to and from treatment. Care managers provide assistance in getting health insurance, medications, scheduling doctor appointments and routine health maintenance. Hui Mālama does screenings for prostate, breast, and cervical cancer; cholesterol; high blood pressure; and diabetes; and promotes colo-rectal education and testing. Prenatal classes and referrals are also available. A nutritionist provides diet and nutrition counseling.

Major Health Issues—One of the greatest challenges faced by people residing on the island of Hawai‘i is the great distance they have to travel to receive health care. Hui Mālama has worked to alleviate that problem by setting up outreach offices in remote areas, and by providing transportation to and from the doctor in four of its own vans. Hui Mālama has also worked hard to make Native Hawaiians more aware of their health needs through screening and education programs.

Staffing—The Hui Mālama program has a professional staff that includes an executive director, three care managers, seven outreach workers, and a nutritionist.

Federal Designation—Hui Mālama Ola Nā ‘Ōiwi is authorized through the Native Hawaiian Health Care Act of 1988 and reauthorized in the Native Hawaiian Health Care Improvement Acts of 1992 and 2000.

Other—Hui Mālama is member of two consortia from which it receives other funding: the Ka‘ū Community Health Coalition and the Hawai‘i Perinatal/Healthy Start Program, Hui Mālama A Ho‘opili Pono. Hui Mālama and Bay Clinic have a written commitment to work together in the best interests of the Hawaiian community on Hawai‘i.

..... **Hui No Ke Ola Pono (Island of Maui)**

95 Mahalani Street
Wailuku, HI 96793

Phone: (808) 244-4647
Fax: (808) 242-6676
Websites: www.huino.com
www.nativehawaiianhealth.net

Executive Director:

Vacant

Medical Director:

Daniel Garcia, MD

Hui No Ke Ola Pono (HNKOP) is the Native Hawaiian Health Care System for the island of Maui. It has offices in the county seat of Wailuku and in Hāna. HNKOP also operates a café during lunch hours Monday–Friday in Wailuku.

Target Population—The estimated 20,000 Native Hawaiians residing on the island of Maui.

Services Provided—HNKOP has a strong emphasis on preventive programs relative to the most common health issues among Native Hawaiians:

- Native Hawaiian Traditional Healing (*lomilomi, ho‘oponopono*)
- Nutritional Education and Counseling (Mea‘ai Pono and Hele Mai‘ai teach participants to healthy diet modifications including eating the traditional Hawaiian diet)
- Simply Healthy Café (serves healthy lunches)
- Case management (individualized counseling to improve health and referral to other needed services)
- Wellness Classes and Programs (covering such health concerns as diabetes, hypertension, asthma, exercise, breast cervical cancer, health monitoring)
- Community Health Screenings (blood pressure, blood sugar, cholesterol, otitis media)
- Perinatal classes (nutrition and exercise during and after pregnancy, preparing for delivery, breast feeding, caring for babies from birth to 18 months, gestational diabetes, child-proofing the home)
- School-Based Oral Health Program—education; proper brushing and flossing; nutrition; oral health assessment/treatment for pre-schools, MEO Head Start, Kamehameha Schools, Waihe‘e and Hāna High and Elementary Schools

Major Health Issues—Chronic diseases related to lifestyles and healthy pregnancies and parenting are major issues. Geographic barriers to timely and continuing care is a problem addressed by services in Hāna.

Staffing—HNKOP staff includes a part-time physician, registered dietician, and chef.

Federal Designation—Hui No Ke Ola Pono is authorized through the Native Hawaiian Health Care Act of 1988 and reauthorized in the Native Hawaiian Health Care Improvement Acts of 1992 and 2000.

Other—HNKOP’s health enhancement programs are CARF accredited.

.....**Ke Ola Mamo (Island of O‘ahu)**

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Ko‘olauloa Service District
Kahuku Hospital
56-117 Pualalea Street
Kahuku, HI 96717

Lei Ānuenue
HIV/AIDS Education & Prevention Program
1108 Fort Street Mall, Room 3
Honolulu, HI 96813

Ko‘olaupoko Service District
St. Matthew’s Church
41-054 Ehukai Street
P.O. Box 0741
Waimānalo, HI 96795

Wai‘anae Service District
87-728 Farrington Highway, Unit F
Wai‘anae, HI 96792

Executive Director:

Joelene Lono

Secretary/Office Manager:

Ui Mahoe

Ke Ola Mamo (KOM) is the Native Hawaiian Health Care System for the island of O‘ahu. Ke Ola Mamo has an administrative site and four outreach/case management sites throughout the island of O‘ahu, providing availability and accessibility to health care service delivery programs. Its goal is to remove barriers to health care and improve the health status of Native Hawaiians on the island of O‘ahu. The mission is to improve the health status of Native Hawaiians, “empowering *kānaka maoli* to live longer, healthier, and more productive lives.” KOM is a community based non-profit organization. Members of the Board serve as volunteers and are elected or nominated from their respective service districts: Ko‘olauloa, Ko‘olaupoko, Urban Honolulu, and Wai‘anae.

Services—Ke Ola Mamo focuses on health promotion, health prevention, client assessment, enrollment, referral case management, transportation to and from physician visits and other enabling services.

Outreach services are provided at the various sites. Clients are enrolled and assessed to determine health needs, which may include assistance with obtaining health insurance, referrals to Native Hawaiian practitioners, case management, transportation to and from physician visits and other enabling services. Staff conducts health education, promotion and prevention services through community based health fairs, clubs, organizations and civic groups, individuals and families especially among high-risk groups, island-wide. The outreach team also assists with collaborative case management under the supervision of the clinical team.

Clinical services are provided by Registered Nurses. Services include: intense case management and monitoring of patient care plans; screening for glucose, total cholesterol, HDL, LDL, triglyceride; blood pressure; home visits, and appropriate referrals. The nurses also provide a higher level of health education on diabetes, cancer, and cardiovascular disease among high-risk populations.

Health education is conducted, in groups or one-on-one, by clinical staff and outreach workers. Topics covered include: traditional healing, cardiovascular disease, diabetes, smoking cessation, asthma classes,

cancer (breast/cervical), HIV/STD education, car seat safety, domestic violence, parenting skills, stress reduction, immunizations, nutrition (Hele Mai 'Ai), breast-feeding, fitness, pre-natal/child development, maternal fetal development, dental, safety and injury prevention.

Special Programs—Special programs like Mālama I Na Lei Prenatal/Early childhood/Ka Hāna A Ke Aloha, Alu Like Kupuna Program, Ho‘oikaika No Wai‘anae-Nutrition, Exercise, Health and Wellness Program, and Lei Ānuenue HIV Education and Prevention Program are funded by other Federal, State and private resources.

Special program activities are coordinated with the basic program in that staff of all programs work as collaborators in making cross-referrals and providing mutual support toward achievement of their respective goals and objectives.

Federal Designation—Ke Ola Mamo is authorized under the Native Hawaiian Health Care Act of 1988 and the Native Hawaiian Health Care Improvement Acts of 1992 and 2000.

..... **Nā Pu‘uwai (Islands of Moloka‘i & Lāna‘i)**.....

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Kaunakakai, HI 96748

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P.O. Box 713
Lāna‘i City, HI 96763

Phone: (808) 565-7204
Fax: (808) 565-9319

Executive Director:

William Akutagawa, MSW
(wakutagawa@napuuwai.org)

Nā Pu‘uwai, Inc. is the Native Hawaiian Health Care System for the islands of Moloka‘i (including Kalaupapa) and Lāna‘i. The Lāna‘i unit is known as Ke Ola Hou O Lāna‘i.

Target Population—The estimated 6,000 Native Hawaiians residing on the islands of Moloka‘i and Lāna‘i.

Services Provided—Programs are designed to promote better health and prevent diseases among Native Hawaiians. These include:

- Dental education for elementary school children
- Cancer awareness education and prevention
- Promoting the traditional Hawaiian diet and healthy nutrition classes
- HIV/AIDS education and prevention
- Asthma education
- Exercise and fitness
- Screening and education including breast and cervical cancer screening, hearing screening for children, podiatry evaluation and education, and cardiovascular disease risk education and screening
- Tobacco control education
- Diabetes education and prevention

Major Health Issues—These include preventable chronic diseases and getting children off to a healthier start in life. Other issues include coping with few health care and other resources on small, rural islands.

Staffing—These include community health workers, an RN, and physician consultants.

Federal Designation—Founded in 1984, Nā Pu‘uwai was designated a Native Hawaiian Health Care System through the Native Hawaiian Health Care Act of 1988 and reauthorized in the Native Hawaiian Health Care Improvement Acts of 1992 and 2000.

Other—Nā Pu‘uwai is the recipient of a federal Rural Health Outreach Grant.